

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it. There is one thing more than anything else that will defeat us in our recovery; this is an attitude of indifference or intolerance toward spiritual principles. Three of these that are indispensable are honesty, open-mindedness, and willingness. With these we are well on our way.

We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict. We believe that the sooner we face our problems within our society, in everyday living, just that much faster do we become acceptable, responsible, and productive members of that society. The only way to keep from returning to active addiction is not to take that first drug. If you are like us you know that one is too many and a thousand never enough. We put great emphasis on this, for we know that when we use drugs in any form, or substitute one for another, we release our addiction all over again. Thinking of alcohol as different from other drugs has caused a great many addicts to relapse. Before we came to NA, many of us viewed alcohol separately, but we cannot afford to be confused about this. Alcohol is a drug. We are people with the disease of addiction who must abstain from all drugs in order to recover .

BUS to HORSESHOE BAY #257

Horseshoe Bay Express.

****Board via Georgia St., near Stadium Sky Train Station.**
BC Ferries has pay parking; try covered economical lot - but it is one of the busiest weekends of the year**



Camp Potlatch

Howe Sound, BC

May 15-18, 2020

FOR MORE INFORMATION CONTACT:

**Contact: Glenn S. 604-721-7022
SPRINGCLEAN@VASCNA.CA**

IMPORTANT

**Departure via water taxi from Horseshoe Bay
(Government Wharf adjacent to BC Ferries)
Please arrive early – before 6pm!!
Loading will start as soon as the boats arrive
First come first served.**

PLEASE BRING:

sleeping bag, pillow, flashlight and extra blanket

TICKETS INCLUDE:

- MEALS
- CABIN
- SNACKS
- MEETINGS
- WATER TAXI
- ACTIVITIES

Beach Meetings Hiking Kayaking Volleyball Archery Campfires Auction
Swimming Canoeing Disc Golf Soccer Karaoke Talent show

Contract

Policies & Guidelines: This is NOT a regular meeting of Narcotics Anonymous but is a special function with special requirements to operate successfully and safely. Note: Any reference to the Spring Clean #40 Committee will be read as "the committee". Any reference to Camp Potlatch will be read as "the camp".

1. The only requirement to attend this event is a desire to stay clean. However, for the safety of all attending no-one may attend with drugs or paraphernalia on their person. This camp policy will be enforced for all attending. Anyone found using or with drugs or paraphernalia will be asked to leave at their own expense. NO EXCEPTIONS!
2. Cabin assignment requests will be addressed on a "first paid - first served" basis. The committee will not be responsible if they are unable to fulfill specific requirements.
- a. Cabin assignments can be changed as long as the "destination" of the cabin is not changed. A women's cabin must remain a women's cabin, unless agreed upon by all guests assigned to that cabin.
3. Any personal article brought to the camp will be the owner's full responsibility. Neither the camp nor the committee will be responsible for loss or damage to personal articles.
4. Candles and any other open flames are prohibited indoors. Smoking and campfires will be permitted in authorized areas only.
5. There will be NO gambling, pets, hatchets or knives permitted during this event.
6. Children are to be supervised by an authorized adult AT ALL TIMES. The committee members (or other campers) are not babysitters. There is a Child Care Coordinator on the committee.
7. The operators and staff of the camp will be treated with the utmost respect - they are our hosts. What the camp has to say with regard to camp operations will be treated as LAW!
8. Anyone leaving the camp for any reason (including hiking) must sign in & out. There will be full head counts at dinner.
9. PAYMENT MUST BE MADE IN FULL PRIOR TO TRAVEL - NO partial or scheduled payments
10. NO REFUNDS REGARDLESS OF REASON.

NOTE: The costs of camps such as these have risen dramatically and continue to rise. Through our fundraising efforts, Spring Clean is subsidizing the cost of registration for everyone as well as sponsoring those who need greater assistance – any donation to the financial assistance fund is greatly appreciated!!

**REGISTRATION FORM
PLEASE USE 1 FORM PER CAMPER**

Name: _____

Cell: _____

Address: _____

Prov. / State: _____ P.C. / Zip: _____

City: _____ Country: _____

Alt Phone: _____

Email: _____

Emergency Contact - Name & Phone #: _____

**Early Bird Special (Before January 31st)
Adults \$170**

1 Adult (M / F) @ \$170.00 (210.00 after Jan 31st) = \$ _____

1 Child (M / F) @ \$160.00 = \$ _____

T-Shirt Men's (S/ M/ L/ XL/ 2XL/ 3XL) @ \$20.00 = \$ _____

T-Shirt Women's (S/ M/ L/ XL/ 2XL) @ \$20.00 = \$ _____

Hoodies (S/ M/ L/ XL) @ \$45.00 = \$ _____

Hoodies (2XL / 3XL) @ \$50.00 = \$ _____

*Children = 3 - 12 years
Children under 2 years of age are free*

Children - Additional Info:
Age _____
Any Allergies? _____

Financial Assistance Donation \$ _____

Total \$'s Included = \$ _____ (this form)

Menu

- vegetarian
- vegan
- meat
- dairy free
- wheat free

Cabin Choice

(see policy contract #2)

- men
- women
- couple
- mixed family
- women & family
- men & family

DO NOT MAIL CASH!

Please Send Cheque or Money Order

MADE PAYABLE TO:

Spring Clean
MAIL PAYMENT WITH REGISTRATION FORM(S) TO: Spring Clean %

Glenn Slavens
5891 McKee St
Burnaby, BC
V5J 2V4

OR E-TRANSFER PAYMENT TO:

springclean@vascna.ca

Please use password:
springclean Contact:
Glenn S.
604-721-7022

**Please detach this portion and submit with payment(s).
*ONE FORM PER EACH CAMPER***