

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it. There is one thing more than anything else that will defeat us in our recovery; this is an attitude of indifference or intolerance toward spiritual principles. Three of these that are indispensable are honesty, open-mindedness, and willingness. With these we are well on our way.

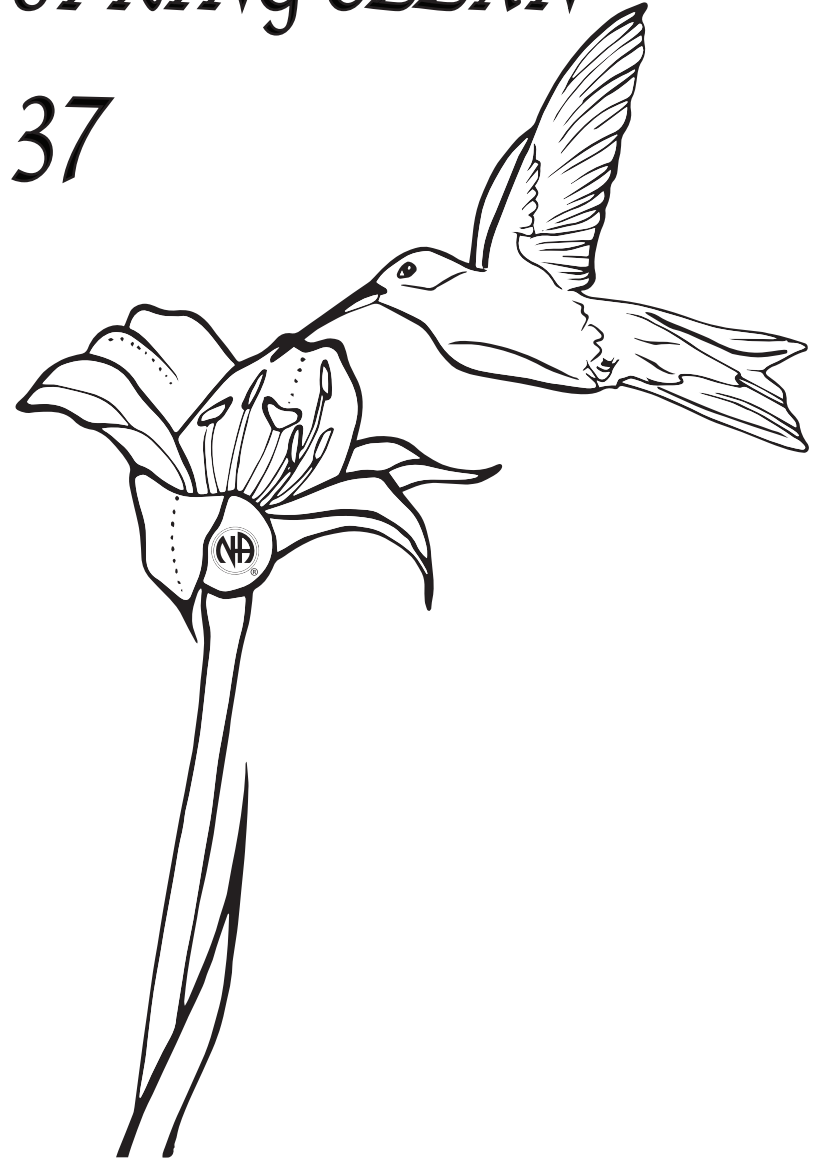
We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict. We believe that the sooner we face our problems within our society, in everyday living, just that much faster do we become acceptable, responsible, and productive members of that society. The only way to keep from returning to active addiction is not to take that first drug. If you are like us you know that one is too many and a thousand never enough. We put great emphasis on this, for we know that when we use drugs in any form, or substitute one for another, we release our addiction all over again. Thinking of alcohol as different from other drugs has caused a great many addicts to relapse. Before we came to NA, many of us viewed alcohol separately, but we cannot afford to be confused about this. Alcohol is a drug. We are people with the disease of addiction who must abstain from all drugs in order to recover .

TO GET TO HORSESHOE BAY BY BUS TAKE #257 HORSESHOE BAY EXPRESS (BOARD VIA GEORGIA ST, NEAR STADIUM SKY TRAIN STATION) BC FERRIES HAS PAY PARKING; TRY COVERED ECONOMICAL LOT - BUT IT IS ONE OF THE BUSIEST WEEKENDS.



SPRING CLEAN

37



Camp Potlatch - Howe Sound
May 19-22, 2017

FOR MORE INFORMATION CONTACT:

Lindsay W 778-871-6940 Dave H 604-445-2599

IMPORTANT

Departure via water taxi from Horseshoe Bay
(Government Wharf adjacent to BC Ferries)
Please arrive early - before 6pm!!
Loading will start as soon as the boats arrive
First come first served.

PLEASE BRING:

sleeping bag, pillow, flashlight and extra blanket

TICKET INCLUDES: 7 meals, snacks, water taxi to and from Horseshoe Bay, cabin, meetings, canoeing, archery, swimming, rock climbing, kids games and activities.

Policies & Guidelines: This is NOT a regular meeting of Narcotics Anonymous but a special function with special requirements to operate successfully and safely.

For Simplicity: Any reference to the Spring Clean #36. Committee will be read as "the committee". Any reference to Camp Potlatch will be read as "the camp".

Contract

- The only requirement to attend this event is a desire to stay clean. However, for the safety of the all attending **no-one may attend with drugs or paraphernalia on their person.** This Camp policy will be enforced for all attending, whether the attendee is a "stated member of Narcotics Anonymous" or not (i.e. a member's child, partner, friend, etc.). Anyone found using or with drugs or paraphernalia will be asked to leave at their own expense. **NO EXCEPTIONS!**
- Cabin assignment requests will be addressed on a "**first paid - first served**" basis. The committee will not be responsible if we are unable to fulfill specific requests. Cabin assignments can be changed as long as the "designation" of the cabin is not changed. (i.e. a women's cabin must remain a women's cabin unless agreed upon by all the guests assigned to that cabin)
- Any personal article brought to the camp will be the owner's full responsibility. Neither the committee nor the Camp will be responsible for loss or damage to personal articles.
- Candles and any other open flames are prohibited indoors. Smoking and Campfires will be permitted in authorized areas only.**
- There will also be **NO** gambling, pets, hatchets or knives permitted during this event.
- Children are to be supervised by an **authorized** adult **AT ALL TIMES.** The committee members (or other unsuspecting campers) are not babysitters. **This year we are using a sign up sheet for volunteer child minding.**
- The Operators and Staff of the Camp will be treated with the utmost respect - they are our hosts and what they say with regard to the camp operations will be treated as **LAW!**
- Anyone leaving camp for any reason (including hiking) must sign in & out. There will be full head counts at dinner.
- PAYMENT TO BE MADE IN FULL PRIOR TO TRAVEL - NO Partial or Scheduled Payments!**
- 10. No REFUNDS REGARDLESS OF REASON.**

NOTE: The costs of camps such as these have risen dramatically and continue to rise. Through our fundraising efforts, Spring Clean is subsidizing the cost of registration for everyone as well as sponsoring those who need greater assistance - any donation to the financial assistance fund is greatly appreciated!!

REGISTRATION FORM PLEASE USE 1 FORM PER CAMPER

Name: _____

Cell: _____

Address: _____

Prov. / State: _____ P.C. / Zip: _____

City: _____ Country: _____

Alt Phone: _____

Email: _____

Emergency Contact - Name & Phone #:

Early Bird Special (Before March 1st)

Adults \$125 & Kids \$85

1 Adult (M / F) @ \$125.00 (165.00 after Mar 1) = \$ _____

1 Child (M / F) @ \$85.00 (110.00 after Mar 1) = \$ _____

T-Shirt Men's (S/ M/ L/ XL/ 2XL/ 3XL) @ \$20.00 = \$ _____

T-Shirt Women's (S/ M/ L/ XL/ 2XL) @ \$20.00 = \$ _____

Children = 12 & under

Children under 2 years of age are free

Children - Additional Info:

Age
Any Allergies?

Financial Assistance Donation \$ _____

Total \$'s Included = \$ _____ **(this form)**

Menu

- vegetarian
- vegan
- meat
- dairy free
- wheat free

Cabin Choice

(see policy contract #2)

- men
- women
- couple
- mixed family
- women & family
- men & family

DO NOT MAIL CASH!

Please Send Cheque or Money Order MADE PAYABLE TO:

Spring Clean
MAIL PAYMENT WITH REGISTRATION FORM(S) TO:
Spring Clean #37
C/o Lindsay W
13018 101a ave
Surrey, BC
V3T 1M1
OR
E-TRANSFER PAYMENT TO:

springclean@vascna.ca

*more info call
Glenn S @
604-721-7022

**Please detach this portion and submit with payment(s).
*ONE FORM PER EACH CAMPER***