

Basic News

Multi Area Newsletter Committee
P.O. Box 1695, Station "A"
Vancouver, British Columbia, V6C 2P7



Multi - Area
Newsletter of the
Lower Mainland
Volume 13, Issue 12
March, 2009

Email your articles & comments:
basicnews@gmail.com

Visit the BC Regional Web-Site: www.bcrscna.bc.ca

Submission deadline dates are on the back page

To help cover the cost of the Basic News, an extra donation of 25¢ to the 7th Tradition is suggested.

24 Hour Help Line	Info Lines
Metro Vancouver (604) 873-1018	Sunshine Coast - toll free (604) 740-3010
Lower Mainland (866) 683-6819	Squamish (604) 815-4085

VANCOUVER AREA WOMEN'S RETREAT APRIL 17, 18 & 19, 2009 ROOTED IN RECOVERY

What to bring:

Your own bedding, pillow, towels, swimsuits, hiking boots, sunscreen, toiletries, travel coffee mug, games, NA literature and snacks.



What to expect:

Catered meals, campfire meetings, speakers, craft room, fellowship, workshops, indoor swimming, hiking, wheelchair accessible, indoor lodging, showers, relaxation, recovery and event merchandise available for sale.

Limited space available, please register ASAP. If fundraising efforts are successful, partial subsidies will be available for women in need of financial support to attend the retreat. Call for information.

Feel free to call with any questions:

Email: nawomensretreat@yahoo.ca

Show us your support! Come to the NA Women's Retreat Dance March 7th!

Registration Form

Registration costs include: accommodations and meals at the Easter Seals Camp in Squamish, BC.

Full Package Tickets: \$150.00 CAD (Early birds pay \$140.00 CAD, before March 01, 2009) _____ x \$ _____ = \$ _____

1 Day Retreat Tickets: \$75.00 CAD _____ x \$ _____ = \$ _____

Donations towards newcomers' campout are both needed and greatly appreciated. \$ _____

Cheques and money orders are payable to NA Women's Retreat: Amount Enclosed \$ _____

P.O. Box 1695 Station "A", Vancouver, BC V6C 2P7

Name: _____

Address: _____ Postal Code: _____

E-Mail: _____ Phone: _____

Do you have any special skills that you would like to share?

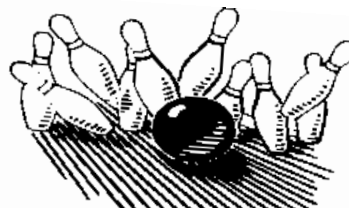
Are you driving and have extra room available? _____ Do you need a ride? _____ Are you vegetarian? _____

MEETING LIST CORRECTION

The Toll Free number on the meeting list for January through April 2009 is incorrect.

The number has been published as 1-866-683-8619 which is incorrect.

The correct number is
(866) 683-6819



JOIN US FOR SPRING BOWLING!

AT
THE SANDCASTLE ON
1938 152ND STREET
WHITEROCK, BC

COST IS \$16.00 FOR
THREE GAMES INCLUDING THE COST OF
SHOE RENTAL (PAY THAT NIGHT)

DATE AND TIME:
SATURDAY, MARCH 21, 2009
8:00PM TO 10:00PM
(SHOW UP EARLY TO SECURE YOUR LANE)

50/50 TICKETS AND HOURS OF
BOWLING AND LAUGHS!

ANY QUESTIONS OR IF YOU WANT TO PAY IN
ADVANCE TO RESERVE CONTACT
THE SOFA ACTIVITIES CHAIR/SUBCOMMITTEE

Note: N.A. is not affiliated with the places where we hold our meetings or events

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P.N.W.C.N.A. #32

Regular meetings for the Pacific North West Convention of N.A. #32 are held on the 2nd Wednesday of the month at 7:00pm at 2775 Sofia Street in the Vancouver Recovery Club (at 12th Ave).

Fraser Valley Area Announcements

Are you computer savvy & looking for a fun way to give back? PI is looking for someone to fill the role of webmaster tech and help them with their website. Please talk to PI Chair for more details.

If you enjoyed the FVSA New Year's Extravaganza, and can't wait to see what's next, then you're in luck. **FVSA's Learning Days Extravaganza** is on it's way very soon and there are tons of fun ways to get involved. Please contact Activities Chair for more information and stay tuned . . .

Do you have an ear for listening and a desire to serve? The phone line sub-committee is looking for support from members with one year clean time who are willing to commit themselves to providing service and support to the newcomer and others in need. Please contact Phone Line Liaison for information on orientation and more information on how to get involved.

Vancouver Area Announcements

VASC GSR Orientation meeting—3rd Wednesday of each month - to be held at 6:30pm at JJ Bean (14th & Main) for all new GSR and GSR Alternates.

Literature: For all your literature needs, please phone 778-668-8235 or **Email your order to literature.vasc@gmail.com. The deadline for all literature orders is the Sunday before the VASC area meeting.**

Website: **WE'RE ON THE WEB!!! Visit www.vascna.ca for local information, meetings, events and resources.**

South of Fraser Area Announcements

Activities sub-committee meets on the first Sunday of the month at 2:00pm. Meeting to be held at 412-17665 66A Ave, Cloverdale. All welcome to attend.

Public Relations sub-committee needs support - Panel speakers are needed for Surrey Pretrial (1 year clean, 1 year out of system and orientation) and Creekside Detox (3 months clean and orientation).

Monthly Meeting (Last Saturday of each month) at 3:15pm.
10347 - 135th Str. (Whalley Library)
Next to Surrey Central Sky Train Station.
For more information - please contact:
PR Chair/Vice Chair.

Tri-Cities Area Announcements

Literature: For all your literature needs, please **Email your order to literature.tcasc@gmail.com.**

Newsletter: For newsletter updates, meeting list changes, cakes or poetry/story submissions, send Email to **basicnews@gmail.com**

Note: N.A. is not affiliated with the places where we hold our events.

Submissions Release/Waiver: By the act of submitting my writings for publishing, I am confirming that I possess full legal capacity to exercise this authorization and hereby release The Basic News, N.A., its service boards or committees from any harm by myself, my successors, and/or my assigns. I acknowledge that by the act of my submitting any writings for publishing in this newsletter, that I give the Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority, permission to publish the submitted writings. Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority will make every effort to assure my anonymity.

I further agree to allow the editing of any original submitted material to suit the language of N.A. and I understand that any article I submit, whether by physical written submission or electronic document format of any kind, automatically becomes the property of The Basic News, and will not be returned to me.



Celebrations of Recovery

March

Day	Name	Yrs	Meeting
1	Leonie	1	Taking Care Of Business
2	Chris W	8	The Exchange
3	Wade E.	1	Rage Against The Disease
3	Estha	11	Little Meeting In Kits
4	Jake	1	Clean & Serene
4	Jesse K	1	It's Up To You
4	Laura	2	How And Why
4	Vivian	4	Miracle On 57th
5	Glen K	1	Little Meeting In Kits
5	Stacey	3	New Found Freedom
6	Taylor F.	1	Reconstruction
6	Phil L	2	New Level Of Innocence
7	Faith	2	Unknown Addicts
7	Tom	11	New Millennium
7	Dwayne M	15	New Desires
9	Ryan G	3	South Van N.A.
10	Anonymous	6	The Basic Meeting
11	Laenna	1	How And Why
12	Jeff E	2	Marpole Miracles
13	Jessic J	2	God's In Charge
13	Jamie M	5	New Level Of Innocence
14	Chad	15	Unknown Addicts
15	Darren	1	Driftwood Group
17	Sean	2	Solution Speakers
18	Shameer	3	How It Works
19	Jeff	2	Newton NA
19	Phill M	3	Hope Without Dop
19	Toni K	17	Stairway To Freedom
21	Jayson S.	3	Almost Live
21	Aoota	3	Unknown Addicts
22	Rick F	1	Strong & Free
22	Val H.	17	Taking Care Of Business
22	Gail F.	18	Taking Care Of Business
23	Karen	1	Serenity By The Sea
23	Courtenay M	1	Clean Freaks
23	Eric O	1	Clean Freaks
24	Doug B	1	Step Up
24	Ariel	1	Messages & Miracles
24	Dave M	6	Dopes A Nope
25	George P	18	Serenity By The Sea
26	Mariana	3	New Found Freedom
29	Teresa	3	Taking Care Of Business
29	Tony G	10	Steps To Recovery
30	Mary W.	2	Conscious Contact

April

1	Kelly H	1	Serenity By The Sea
4	Debbie	10	New Millennium
7	Kim	1	Messages & Miracles
11	Carmella	1	Strong & Free
12	Tara	4	Clean Air
27	Laurie S.	1	Messages & Miracles
28	Warren	1	Tuesday Night Fireside

For a Grand Total of 234 Years of Recovery!

"What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Pg. 65, 5th edition, Basic Text

Activities & Announcements

Outreach Target Meetings

Shared Services Target List :

Friday, Mar. 13, 7:30pm
Spiritual Food
1661 Napier St.,
Vancouver

Friday, Mar. 20, 7:30pm
Serenity By The Sea
15521 Russel Ave.,
White Rock (Hospital)
(Lecture Rm 1)

Tuesday, Mar. 24, 7:00pm
Back To Basics
3981 Main St.
Vancouver

Sunday, Mar. 29, 7:30pm
Strong & Free
SE cnr. of 232 St. & Hwy 1
Langley

Thursday, April. 9, 8:00pm
Straight Up
5545 Ladner Trunk Rd.
Ladner

If you are interested in attending any of these meetings on the targeted date, please contact your Area Outreach Chair

INSTITUTIONAL OUT-REACH MEETINGS

All of these meetings need outside support desperately, please contact your Area H&I chair for more information

Freedom Within Group
Sunday 6:00pm
33737 Dewdney Trunk Road,
Mission, Mission Prison

Freedom, Vision & Insight
Monday 6:00pm (Women only)
33344 King Road, Abbotsford
Fraser Valley Institution

Hill Top, Saturday 7:00pm
33737 Dewdney Trunk Rd,
Mission Ferndale Institution

Cancelled Meetings

Breakfast For The Mind

Tuesday at 6:30am
33071 Railway Ave., Mission,
is cancelled.

Breakfast For The Mind

Thursday at 6:30am
33071 Railway Ave., Mission,
is cancelled.

Basic Text Study

Thursday at 8:00pm
33063 4th Ave., Mission,
is cancelled.

Miracles In The Valley

Sunday at 7:00pm
14100 Stave lake Road, Mis-
sion, **is cancelled.**

New U.B.C Recovery

Monday at 8:00pm
181 Roundhouse Mews,
Yaletown, **is cancelled.**

New Meetings

Fight Club

Thursday at 7:00pm
46035 Victoria Ave., Chilliwack,
Open meeting

Spirits In Recovery

Thursday at 8:00pm
33150 Railway Ave., Mission,
Open Meeting

Bridge To Hope

Thursday at 7:30pm
5521 Brydon Cres., Langley,
Open, Topic Meeting

Changed Meetings

ReJoyce

Monday at 7:00pm
3425 Crowley Drive, Vancouver,
is;
1hr 15mins and not 1hr.

Sechelt Recovery

Tuesday at 7:30pm
5482 Chelpi, Sechelt, **is**
actually named SIB Red Warriors

Return To Grace

Friday at 8:00pm
596 East Hastings St., Vancou-
ver, **now starts at 7:30pm (1hr**
30 mins)

SPECIAL NOTICE

Good Morning Solutions

Saturday at 10:00am
15262 Pacific Ave., White Rock,
The current meeting list
shows the time as 10:00pm
which is incorrect.

Hospitals & Institutions

All H&I Presentations need support!

Please call the panel leaders on the back page of the Basic News if you wish to attend any of these meetings.

Please note: Anyone wishing to Attend the Matsqui Institution must call for clearance forms.

Anyone wishing to attend the Surrey Pretrial meeting must call the SOFA PR Chair or Vice Chair to get pre-authorized.

ACCW Women's Correctional Centre Every Wednesday 8:00 - 9:00pm. Please call for more information.

Burnaby Youth Detention Center Needs support. Men and women with a minimum of one year clean and one year out of the system can attend. Please contact the panel leaders or the FVASC H&I Chair or Vice Chair for further information.

Phone Line

Multi Area Committee

The next phone line meeting is at 7:30pm on Friday, March 27, 2009 at 10347—135th St., In Surrey (At the Whalley Library next to Surrey Central Skytrain Station) - **Ori-entation will be done at this meet-ing** - **We desperately need men & women phone line volunteers** who are able to commit to one day per week (4 hour period). Requirements: 1 year clean, have worked the Steps and have an understanding of the 12 Traditions of N.A.. Please call your area Phone line Liaison.

(Information on back page)

Newsletter

Multi Area Committee

Meets at 609 - 12th St. New West. The next meeting will be on Sunday, March 15, 2009 at 2pm. All are welcome.

Meetings Needing Support

Legend:

need support and trusted servants -

need support only -

need trusted servants only

ABBOTSFORD

Pass It On, Kick It

BOWEN ISLAND

Ripple Effect

BURNABY

North Burnaby Addicts, New World Outlook/TR5

CHILLIWACK

Leggo My Ego

COQUITLAM

New Level Of Innocence

DEROCHE

Deroche Totems

LADNER

Straight Up

LANGLEY

Bridge To Hope

MAPLE RIDGE

Courage To Change

NEW WESTMINSTER

Beating The Odds, Inside Stuff, New West Nooners, Primary Purpose

NORTH VANCOUVER

New Directions

RICHMOND

Breaking The Chains, Clean And Crazy

SECHELT

SIB Red Warriors

VANCOUVER

Step Up, Breakfast On The Steps, New Attitudes, Miracle On 57th, Marpole Miracles, Return To Grace

WHISTLER

Black Diamond Recovery

WHITE ROCK

We Do Recover, Good Morning Solutions

Public Information

All P.I. Presentations need support!

Please call the P.I./PR Chair or Vice Chair of your area for opportunities to be on a presentation panel. (See the back page of this newsletter for numbers to call.)

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