

Basic News



Multi - Area
Newsletter of the
Lower Mainland
Volume 13, Issue 11
February, 2009

Multi Area Newsletter Committee
P.O. Box 1695, Station "A"

Vancouver, British Columbia, V6C 2P7

Email your articles & comments: basicnews@gmail.com

Submission deadline dates are on the back page

Visit the BC Regional Web-Site: www.bcrscna.bc.ca

To help cover the cost of the Basic News, an extra donation of 25¢ to the 7th Tradition is suggested.

24 Hour Help Line	Info Lines
Metro Vancouver (604) 873-1018	Sunshine Coast - toll free (604) 740-3010
Lower Mainland (866) 683-6819	Squamish (604) 815-4085

Cupid's Ball

Saturday, February 14, 2009

9:00pm-1:30am

Fundraiser for PNWCNA

Theme:
Red & White

Activities:
The Newlywed Game
The Kissing Booth
13th Step Dance
Merchandise For Sale
Music by DJ Drew

Location:
The Hastings Room
@ The PNE
(Renfrew St & Pandora St)

Cost:
\$15.00 Entry

Thank You For Your Support!!!

Contact Amanda - 604.724.0584



EMBRACE THE MOMENT VANCOUVER AREA WOMEN'S RETREAT



Retreat dates are April 17 to April 19, 2009
Early bird discounts available before March 1, 2009.

For more information,
Email: nawomensretreat@yahoo.ca

Want to give back?

The Basic News is looking for a new Editor!!

Suggested clean time requirement is 5 years. Must have own transport and be willing to travel at least once per month to Newsletter Liaison sub-committee meeting in New Westminster

Must have a computer and be well versed in either Microsoft Word or Microsoft Publisher. (Training/mentorship will be given)

Very rewarding NA Service position. (Great service work, no monetary reward, income is all spiritual.) For more information send an Email to basicnews@gmail.com with your contact details.



Brothers In Recovery Men's Retreat

Retreat dates are May 1 to May 3, 2009
For more information Email: robneko@telus.net or
browse <http://mensretreat2009.freetzi.com/>

MEETING LIST CORRECTION

The Toll Free number on the meeting list for January through April 2009 is incorrect.

The number has been published as
1-866-683-8619 which is incorrect.

The correct number is
(866) 683-6819

Note: N.A. is not affiliated with the places where we hold our meetings or events

Provided its source is acknowledged, N.A. service boards and committees, may republish material in the Basic News.
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P.N.W.C.N.A. #32

Regular meetings for the Pacific North West Convention of N.A. #32 are held on the 2nd Wednesday of the month at 7:00pm at 2775 Sofia Street in the Vancouver Recovery Club (at 12th Ave).

Fraser Valley Area Announcements

Are you computer savvy & looking for a fun way to give back? PI is looking for someone to fill the role of webmaster tech and help them with their website. Please talk to the PI Chair for more details.

If you enjoyed the FVSA New Year's Extravaganza, and can't wait to see what's next, then you're in luck. **FVSA's Learning Days Extravaganza** is on it's way very soon and there are tons of fun ways to get involved. Please contact the Activities Chair for more information and stay tuned . . .

Do you have an ear for listening and a desire to serve? The phone line sub-committee is looking for support from members with one year clean time who are willing to commit themselves to providing service and support to the newcomer and others in need. Please contact the Phone Line Liaison for information on orientation and more information on how to get involved.

Vancouver Area Announcements

VASC GSR Orientation meeting—3rd Wednesday of each month - to be held at 6:30pm at JJ Bean (14th & Main) for all new GSR and GSR Alternates.

Literature: For all your literature needs, please phone 778-668-8235 or **Email your order to literature.vasc@gmail.com. The deadline for all literature orders is the Sunday before the VASC area meeting.**

Website: **WE'RE ON THE WEB!!! Visit www.vascna.ca for local information, meetings, events and resources.**

South of Fraser Area Announcements

Activities sub-committee meets on the first Sunday of the month at 2:00pm. Meeting to be held at 412-17665 66A Ave, Cloverdale. All welcome to attend.

Public Relations sub-committee needs support - Panel speakers are needed for Surrey Pretrial (1 year clean, 1 year out of system and orientation) and Creekside Detox (3 months clean and orientation).

**Monthly Meeting (Last Saturday of each month) at 3:15pm.
10347 - 135th Str. (Whalley Library)
Next to Surrey Central Sky Train Station.
For more information - please contact the PI Chair/Vice Chair**

Tri-Cities Area Announcements

Literature: For all your literature needs, please **Email your order to literature.tcasc@gmail.com** .

Newsletter: For newsletter updates, meeting list changes, cakes or poetry/story submissions, send Email to **basicnews@gmail.com**

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Submissions Release/Waiver: By the act of submitting my writings for publishing, I am confirming that I possess full legal capacity to exercise this authorization and hereby release The Basic News, N.A., its service boards or committees from any harm by myself, my successors, and/or my assigns. I acknowledge that by the act of my submitting any writings for publishing in this newsletter, that I give the Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority, permission to publish the submitted writings. Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority will make every effort to assure my anonymity.

I further agree to allow the editing of any original submitted material to suit the language of N.A. and I understand that any article I submit, whether by physical written submission or electronic document format of any kind, automatically becomes the property of The Basic News, and will not be returned to me.



Celebrations of Recovery

February

Day	Name	Yrs	Meeting
3	Carl M	4	Messages & Miracles
5	Spanky	3	Never Ending Journey
7	Nancy	5	Unknown Addicts
9	George P	18	Last Door Group
11	Dana T	1	Third Tradition
15	Sandra L	8	Spiritual Solutions
16	Dempsey	1	Talking Heads
16	Beth	3	ReJoyce
17	Tyson	1	Getting It Together
17	Margo	1	The Basic Meeting
17	Dane	6	Tuesday Night Fireside
17	Ty	7	The Basic Meeting
19	Gail L	1	Stairway To Freedom
19	Ashley S	2	Newton NA
19	Natasha N	2	New West Winners
20	Jessica	5	Langley "NS" Group
21	Curly	2	New Millennium
21	Vince C	3	Saturday Night Live
22	Sherry N	2	Taking Care Of Business
23	Marten J	1	ReJoyce
23	Guissepe G	1	Pride In Recovery
23	Bindi	2	Last Door Group
24	Janine	1	Getting It Together
24	John	6	Unknown Addicts
24	Sandra L	8	Tuesday Night Fireside
24	Keith	15	Getting It Together
26	Jason C	2	Newton NA
26	Trishia K	20	Stairway To Freedom
28	Rob	6	New Millennium

March

2	Chris W	8	The Exchange
4	Jake	1	Clean & Serene
4	Jesse K	1	It's Up To You
7	Dwayne M	15	New Desires
9	Ryan G	3	South Van N.A.
10	Anonymous	6	The Basic Meeting
13	Jessie J	2	God's In Charge
13	Jamie M	5	New Level Of Innocence
15	Darren	1	Driftwood Group
19	Jeff	2	Newton NA
19	Phill M	3	Hope Without Dope
24	Doug B	1	Step Up
29	Tony G	10	Steps To Recovery

**For a Grand Total of
195 Years of Recovery!**

"What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Pg. 65, 5th edition, Basic Text

Activities & Announcements

Outreach Target Meetings

Shared Services Target List :

Tuesday, Feb. 10, 6:00pm
Candle In The Window

37978 - 3rd Ave.,
Squamish

Wednesday, Feb. 20, 7:00pm

North Delta Recovery
11040 River Road,
North Delta (Church)
(North of 90th Ave)

Thursday, Feb. 26, 8:00pm

Newton NA
7277 King George Hwy
Surrey

Tuesday, Mar. 10, 7:00pm

Promise Of Freedom
3981 Main Street
Vancouver

If you are interested in attending any of these meetings on the targeted date, please contact your Area Outreach Chair/Vice Chair

INSTITUTIONAL OUT-REACH MEETINGS

All of these meetings need outside support desperately, please contact your Area H&I chair for more information

Freedom Within Group
Sunday 6:00pm

33737 Dewdney Trunk Road,
Mission, Mission Prison

Freedom, Vision & Insight
Monday 6:00pm (Women only)

33344 King Road, Abbotsford
Fraser Valley Institution

Hill Top, Saturday 7:00pm

33737 Dewdney Trunk Rd,
Mission Ferndale Institution

Cancelled Meetings

Breakfast For The Mind

Tuesday at 6:30am
33071 Railway Ave., Mission, **is cancelled.**

Breakfast For The Mind

Thursday at 6:30am
33071 Railway Ave., Mission, **is cancelled.**

Basic Text Study

Thursday at 8:00pm
33063 4th Ave., Mission, **is cancelled.**

Miracles In The Valley

Sunday at 7:00pm
14100 Stave lake Road, Mission, **is cancelled.**

New U.B.C Recovery

Monday at 8:00pm
181 Roundhouse Mews,
Yaletown, **is cancelled.**

New Meetings

Fight Club

Thursday at 7:00pm
46035 Victoria Ave., Chilliwack, Open meeting

Spirits In Recovery

Thursday at 8:00pm
33150 Railway Ave., Mission, Open Meeting

Changed Meetings

ReJoyce

Monday at 7:00pm
3425 Crowley Drive, Vancouver, is;
1hr 15mins and not 1hr.

Sechelt Recovery

Tuesday at 7:30pm
5482 Chelpi, Sechelt, **is actually named SIB Red Warriors**

Return To Grace

Friday at 8:00pm
596 East Hastings St., Vancouver, **now starts at 7:30pm (1hr 30 mins)**

Hospitals & Institutions

All H&I Presentations need support!

Please call the panel leaders on the back page of the Basic News if you wish to attend any of these meetings.

Please note: Anyone wishing to Attend the Matsqui Institution must call for clearance forms.

Anyone wishing to attend the Surrey Pretrial meeting must call the SOFA PR Chair or Vice Chair to get pre-authorized.

ACCW Women's Correctional Centre Every Wednesday 8:00 - 9:00pm. Please call for more information.

Burnaby Youth Detention Center Needs support. Men and women with a minimum of one year clean and one year out of the system can attend. Please contact the panel leaders or the FVASC H&I Chair or Vice Chair for further information.

Phone Line

Multi Area Committee

The next phone line meeting is at 7:30pm on Friday, February 27, 2009 at 10347—135th St., In Surrey (At the Whalley Library next to Surrey Central Skytrain Station) - **Orientation will be done at this meeting - We desperately need men & women phone line volunteers** who are able to commit to one day per week (4 hour period). Requirements: 1 year clean, have worked the Steps and have an understanding of the 12 Traditions of N.A.. Please call your area Phone line Liaison.

(Information on back page)

Newsletter

Multi Area Committee

Meets at 609 - 12th St. New West. The next meeting will be on Sunday, February 15, 2009 at 2pm. All are welcome.

Meetings Needing Support

Legend:

need support and trusted servants -
need support only -
need trusted servants only

ABBOTSFORD

Pass It On, Kick It

BOWEN ISLAND

Ripple Effect

BURNABY

North Burnaby Addicts, New World Outlook/TR5

CHILLIWACK

Leggo My Ego

COQUITLAM

New Level Of Innocence

DEROCHE

Deroche Totems

MAPLE RIDGE

Courage To Change

NEW WESTMINSTER

Beating The Odds, Inside Stuff, New West Nooners, *Primary Purpose*

SECHELT

SIB Red Warriors

VANCOUVER

South Van N.A., Step Up, Spiritual Foods, Marpole Miracles, Back To Basics, Return To Grace

WHISTLER

Black Diamond Recovery

WHITE ROCK

We Do Recover, Good Morning Solutions

Public Information

All P.I. Presentations need support!

Please call the P.I./PR Chair or Vice Chair of your area for opportunities to be on a presentation panel. (See the back page of this newsletter for numbers to call.)

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