

Basic News



Multi - Area
Newsletter of the
Lower Mainland
Volume 13, Issue 7
October, 2008

Multi Area Newsletter Committee
P.O. Box 1695, Station "A"

Vancouver, British Columbia, V6C 2P7

Email your articles & comments: basicnews@gmail.com

Submission deadline dates are on the back page

Visit the BC Regional Web-Site: www.bcrscna.bc.ca

To help cover the cost of the Basic News, an extra donation of 25¢ to the 7th Tradition is suggested.

24 Hour Help Line	Info Lines
Metro Vancouver and Lower Mainland (604) 873-1018	Sunshine Coast - toll free (604) 740-3010 Squamish (604) 815-4085

10th Anniversary Celebration



Trumpet-shaped daffodils represent joy, cheerfulness, and happiness.

The daffodil – a symbol of hope

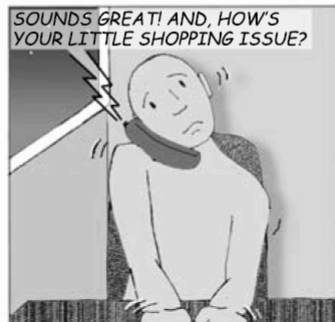
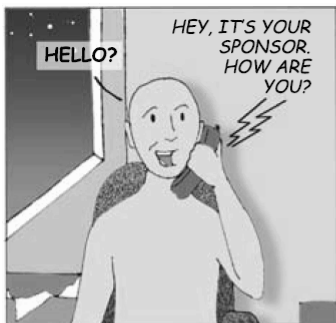
Never Ending Journey is celebrating their ten year anniversary on October 23 at 7655 - 120th St, Delta, with a potluck and meeting at 7:30pm. Join us for food, fellowship and fun!!!

Get Connected!!!



The Phone Line committee is looking for support - Please call your Phone Line Liaison for information or come to the Multi-Area Committee Meeting to get involved and for orientation. (See the back page of the Basic News)

Share your experience, strength and hope!!!



Cartoon reproduced from the NA Way magazine, July 2008, Volume 25, Number three

The Pacific Northwest 2009 Convention is looking for speakers for the Convention - Do you have a clear NA Message of recovery? We want to hear from addicts with different amounts of clean time and topics related to recovery.

Send your speaker tapes to the Programming Chair at;

PWCNA #32
City Square PO BOX 47141,
15-555 W12th Ave
Vancouver, BC.
V5Z 3X7

Note: N.A. is not affiliated with the places where we hold our meetings or events

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N.A. Announcement

If anyone is interested in starting a new N.A. meeting for the deaf, please contact Julie via Email at julielampitt@rogers.blackberry.net

P.N.W.C.N.A. #32

Regular meetings for the Pacific North West Convention of N.A. #32 are held on the 2nd Wednesday of the month at 7:00pm at 2775 Sofia Street in the Vancouver Recovery Club (at 12th Ave). **Service positions are still available.**

Fraser Valley Area Announcements

Carry the message to the addict who still suffers - Want to help and do service? Get involved on an active or new sub-committee and get your skill sets put to good use. Speak to your home group GSR and find out how you can give back.

Spookalicious! - The Activities sub-committee has confirmed that there will be an NA Halloween dance coming to New Westminster. Date, time and location will be confirmed soon. Ask your GSR or call the Activities Chair

Activities - The Activities sub-committee will be hosting sponsor/sponsee brunches starting October 18.

Information pipeline - Want to stay informed? Join our new online e-mail service list and get regular updates on upcoming events. Talk to your home group GSR for more information.

Vancouver Area Announcements

VASC has service positions available. **Help bring the message of recovery to those who are willing to listen. Come to your next Area meeting and offer your time to be of service.**

Newsletter: For newsletter updates, meeting list changes, cakes or poetry/story submissions, send Email to newsletter.vasc@gmail.com

Literature: For all your literature needs, please phone 778-668-8235 or Email your order to literature.vasc@gmail.com. **The deadline for all literature orders is the Sunday before the VASC area meeting.**

Website: **WE'RE ON THE WEB!!! Visit www.vascna.ca for local information, meetings, events and resources.**

Spread the word - Solamente dos reuniones hispánicas de N.A. se pueden encontrar en Canadá. Están ambas en Vancouver y ambas necesitan la ayuda. Separe por favor la palabra. (Only two Hispanic N.A. Meetings exist in Canada. Both of them are here in Vancouver and both need support. Please spread the word.)

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Release Form: Please sign this form and send it with all submissions. I hereby give the Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority, permission to publish the attached original writings. I also understand that material may be edited. I further understand that every effort will be made to assure my anonymity. I possess full legal capacity to exercise this authorization and hereby release The Basic News, N.A., its service boards or committees from any blame by myself, my successor, and/or my assigns. I also understand that any article (i.e. the physical pieces of paper) I submit automatically becomes the property of The Basic News and will not be returned to me.

Signature: _____

Name: _____

Phone: _____

Date: _____

Area: _____



Celebrations of Recovery

October

Day	Name	Yrs	Meeting
1	Richard	1	How & Why
2	Sharon J	2	Women In Recovery
2	Darcy C	7	More Will Be Revealed
3	Andy	2	Langley "N.S." Group
3	Dennis	7	Clean & Serene
3	Mona	7	Clean & Serene
4	David H	1	New Desires
4	Stacey G	2	Breakfast On The Steps
6	Norm G	1	Clean Freaks
6	Shishane	3	Courage To Change
9	Nic	2	Never Ending Journey
11	Pam G.	14	Unknown Addicts
14	Tara H	1	Messages & Miracles
16	Jerry	2	North Burnaby Addicts
16	Kelly F	3	Never Ending Journey
16	Tony W	7	Marpole Miracles
17	Gerry	2	Serenity By The Sea
19	Colleen M.	1	Sunday Serenity
19	Hillbilly Jim W	18	Addicts With New Hope
20	Sonya A.	1	Miracle on 57th
22	Joe S	1	H.O.W., It Works
23	Darcy C	1	North Burnaby Addicts
24	Kathleen D	2	Sunshine Recovery
24	Bert	5	All Our Relations
25	Shari-Lynn	2	Unknown Addicts
29	Pat C.	13	H.O.W., It Works
30	Blaire P	2	New West Winners
30	Devin	2	Never Ending Journey
31	Kristen	7	Serenity By The Sea

November

3	Sherry G	3	Conscious Contact
6	Terry Y	2	The Basic Meeting
6	Diane C	17	The Basic Meeting
8	Michael B	12	Unknown Addicts
10	Alex I	1	Pride In Recovery
11	Megan J.	1	Messages & Miracles
11	Al P.	2	Getting it Together
12	Roxanne	1	How And Why
12	Alan S.	1	H.O.W., It Works
13	Simon	3	Newton NA
20	Tina C	3	Marpole Miracles
21	Noel	3	Langley "N.S." Group

**For a Grand Total of
168 Years of Recovery!**

"What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Pg. 65, 5th edition, Basic Text

Activities & Announcements

Outreach Target Meetings

Shared Services Target List :

Friday, October 9, 8:00pm
New Level Of Innocence
1200 Cartier Avenue, Mail-lardville, Coquitlam.

Monday, October 13, 7:00pm
Clean Cartel
15385 Semiahmoo Avenue, White Rock

Friday, October 24, 7:30pm
Just Another Meeting
#130-22470 Dewdney Trunk Road, Maple Ridge

Wednesday, Oct. 29, 7:30pm
East Side Surrender
887 Keefer Road, Vancouver

Thursday, Nov. 6, 7:30pm
North Burnaby Addicts
5525 East Hastings Street, North Burnaby

The name of all contact persons on this page have been removed to preserve their anonymity. Please contact your local service representative or Area Service Committee or sub-committee for contact details.

INSTITUTIONAL OUT-REACH MEETINGS

All of these meetings need outside support desperately, please contact your Area H&I chair for more information

Freedom Within Group
Sunday 6:00pm
33737 Dewdney Trunk Road, Mission, Mission Prison

Freedom, Vision & Insight
Monday 6:00pm (Women only)
33344 King Road, Abbotsford
Fraser Valley Institution

Hill Top, Saturday 7:00pm
33737 Dewdney Trunk Rd,
Mission Ferndale Institution

Cancelled Meetings

Spiritual Food

Monday at 7:30pm
1661 Napier Street, Vancouver (Community Centre) **is cancelled and is being merged into the Friday Spiritual Food meeting.**

New Meetings

Candle In The Window

Thursday at 7:30pm
2262 Read Crescent, Squamish, (Baptist Church) - Step meeting. (This is a closed meeting and is wheelchair accessible.)

Nueva Vida (Español)
Wednesday at 7:00pm
2775 Sophia Street (at 12th Ave), Vancouver - Open meeting, 90 minutes.

Changed Meetings

ReJoyce

Monday at 7:00pm - 3425 Crowley Street (at Joyce) Vancouver, **is not open on statutory holidays**

SPECIAL NOTICE

Clean Air

Sunday at 7:30pm
1477 Lougheed Highway, Port Coquitlam **has temporarily moved to Hyde Creek Recreation Centre at 1379 Laurier Avenue, Port Coquitlam. For more information on this change, please contact and executive or sub-committee member. (See back page "Tri-Cities Service Info")**

Hospitals & Institutions

All H&I Presentations need support!

Please call the panel leaders on the back page of the Basic News if you wish to attend any of these meetings.

Please note: Anyone wishing to Attend the Matsqui Institution **must call** for clearance forms.

Anyone wishing to attend the Surrey Pretrial meeting **must call** the SOFA H&I Chair or Vice Chair to get pre-authorized.

ACCW Women's Correctional Centre Every 2nd Wednesday 6:30 - 7:30pm. Please call for more information.

Burnaby Youth Detention Center Needs support. Men and women with a minimum of one year clean and one year out of the system can attend. Please contact the panel leaders or the FVASC H&I Chair or Vice Chair for further information.

Phone Line

Multi Area Committee

The next phone line meeting is at 7:30pm on Friday, October 31, 2008 at 10347—135th St., In Surrey (At the Whalley Library next to Surrey Central Skytrain Station) - **Orientation will be done at this meeting - We desperately need men & women phone line volunteers** who are able to commit to one day per week (4 hour period). Requirements: 1 year clean, have worked the Steps and have an understanding of the 12 Traditions of N.A.. Please call your area Phone line Liaison.

(Information on back page)

Newsletter

Multi Area Committee

Meets at 609 - 12th St. New West. The next meeting will be on Sunday, October 19, 2008 at 2pm. All are welcome.

Meetings Needing Support

Legend:

need support and trusted servants -
need support only -
need trusted servants only

BOWEN ISLAND

Ripple Effect

BURNABY

North Burnaby Addicts

COQUITLAM

New Level Of Innocence

MAPLE RIDGE

Saturday Night Jam

VANCOUVER

South Van N.A. East Side Surrender, Miracle on 57th Street, Marpole Miracles, ReJoyce, The Exchange, Little Meeting In Kits, The Growing Circle, All Our Relations, New Attitudes, Steps To Recovery

WHISTLER

Black Diamond Recovery

Public Information

All P.I. Presentations

need support!

Please call the P.I. Chair or Vice Chair of your area for opportunities to be on a presentation panel. (See the back page of this newsletter for numbers to call.)

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