

Basic News

Multi Area Newsletter Committee
 P.O. Box 1695, Station "A"
 Vancouver, British Columbia, Canada
 V6C 2P7

Email your articles & comments: basicnews@gmail.com
 Visit the BC Regional Web-Site: www.bcrsna.bc.ca

To help cover the cost of the Basic News, an extra donation of 25¢ to the 7th Tradition is suggested.



Multi - Area
 Newsletter of the
 Lower Mainland
 Volume 13, Issue 5
 August, 2008

| 24 Hour Help Lines | Info Lines |
|---|--|
| Lower Mainland Areas of Vancouver (604) 873-1018 | Sunshine Coast - toll free (604) 740-3010 |
| Squamish (604) 815-4085 | |

World Unity Day 2008



30 August 2008

30 August will be our worldwide day of unity. At one moment it is the same day around the entire world...



In a spirit of unity, we will join together around the world and say the Serenity Prayer at the same time... You may have an event, you may join together with some friends, or you may just take a moment to yourself as we pray together on this day of unity.

Remember NA's 55th anniversary and 25 years since the initial release of our Basic Text, *Narcotics Anonymous*.

Or, if you don't feel like waking up at 5 o'clock in the morning, at some point during the day on 30 August (hopefully in a meeting), take a moment to reflect on our worldwide fellowship and say the Serenity Prayer for the addict who still suffers. A simple prayer that for one moment we will say together as a fellowship...no telephone link, no big event.

For more information visit www.na.org or call 818.773.9999

"I have come to embrace my addictions as a form of learning that could have happened in no other way.

As I have chosen to empower myself, I know that the temptations I challenge will surface again and again. Each time I challenge them, I gain power and they lose power.

The pains that I suffer, the loneliness that I encounter, the experiences that are disappointing or distressing, the seeming pitfalls of my life, are each doorways to awareness. They all offer me an opportunity to go through them and see beyond the illusion that serves the balancing and growth of my soul."

Anonymous



Summer's here,
 it's picnic time

Fun in the Sun, September 20th, 2008

Lions Park, Port Coquitlam.
 Hot Dogs and Hamburgers by donation.
 Join us for fellowship, games and clean fun.
 More will be revealed

Getting It Together is having a BBQ

August 12th, 2008, from 5:30 to 7:00
 At 1636 Regan St. Coquitlam.

12 STEPPIN

WHEN - AUG 23 @ 8 PM
 WHERE- ST. HELENS HALL
 10787 128TH ST, SURREY BC

TICKETS
 12 AND UNDER - \$3.00
 PRESALE - \$7.00
 COST AT DOOR - \$ 10.00

DOOR PRIZES
 SPEAKER
 AUCTION
 CLEANTIME COUNTDOWN

50/50 TICKETS
 POP / WATER
 HOTDOGS
 CHIPS
 COFFEE

Note: N.A. is not affiliated with the places where we hold our meetings or events

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N.A. Announcement

If anyone is interested in starting a new N.A. meeting for the deaf, please contact Julie via Email at julielampitt@rogers.blackberry.net

P.N.W.C.N.A. #32

Regular meetings for the Pacific North West Convention of N.A. #32 are held on the 2nd Wednesday of the month at 7:00pm at 2775 Sofia Street in the Vancouver Recovery Club (at 12th Ave). **Service positions are still available.**

Tri-Cities Area Announcements

Activities needs support and is accepting any NA related donations. Come out and support your activities sub-committee. For more information, please call Shane at 604-565-4354

Fraser Valley Area Announcements

PI Subcommittee - Now meets on the last Sunday of the month, at 3:00pm at the New Westminster Library in the "Plaskett Room".

Your input is needed - The FVASC needs your input on the Summer/Fall activities survey for upcoming events/ideas. Contact your home group GSR

Outreach - needs female support - please call the Outreach Chair to help.

H&I - Surrey Youth Jail needs panel support - please call H&I chair for info

Literature - has more to offer NA members such as; lower cost medallions, NA mugs, speaker CD's and much more.

Vancouver Area Announcements

VASC has service positions available. ***Help bring the message of recovery to those who are willing to listen.*** Come to your next Area meeting and offer your time to be of service.

Newsletter: For newsletter updates, meeting list changes, cakes or poetry/story submissions, send Email to newsletter.vasc@gmail.com

Literature: For all your literature needs, please phone 778-668-8235 or Email your order to literature.vasc@gmail.com. **The deadline for all literature orders is the Sunday before the VASC area meeting.**

Website: WE'RE ON THE WEB!!! Visit www.vascna.ca for local information, meetings, events and resources.

Service work is carrying the message to the addict who still suffers.

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Release Form: Please sign this form and send it with all submissions. I hereby give the Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority, permission to publish the attached original writings. I also understand that material may be edited. I further understand that every effort will be made to assure my anonymity. I possess full legal capacity to exercise this authorization and hereby release The Basic News, N.A., its service boards or committees from any blame by myself, my successor, and/or my assigns. I also understand that any article (i.e. the physical pieces of paper) I submit automatically becomes the property of The Basic News and will not be returned to me.

Signature: _____

Name: _____

Phone: _____

Date: _____

Area: _____



Celebrations of Recovery

August

| Day | Name | Yrs | Meeting |
|-----|-------------|-----|-----------------------|
| 1 | Robin H. | 1 | New Found Freedom |
| 1 | Dominique R | 1 | Driftwood Group |
| 2 | Fred B | 17 | Unkown Addicts |
| 3 | Tim W | 1 | Clean Air |
| 3 | Justin | 4 | Addicts With New Hope |
| 3 | Don D | 4 | Spiritual Solutions |
| 4 | Mark | 13 | Talking Heads |
| 5 | Dennis M | 1 | The Basic Meeting |
| 9 | Leanne C | 1 | Saturday Night Live |
| 9 | Garth | 5 | Saturday Night NA |
| 10 | Tova | 1 | Steps To Recovery |
| 10 | Erik R | 2 | Driftwood Group |
| 11 | Matt B | 1 | Talking Heads |
| 11 | David B | 1 | Serenity By The River |
| 12 | Adele P | 1 | Messages & Miracles |
| 12 | Carmen | 4 | Hope In Recovery |
| 12 | Corry L | 19 | Messages & Miracles |
| 13 | Mardean | 6 | New Way To Live |
| 13 | Brad | 13 | How & Why |
| 14 | Jack | 2 | More Will Be Revealed |
| 15 | Scott | 8 | Good Day To Be Clean |
| 17 | Darryl | 9 | Addicts With New Hope |
| 17 | Keith | 13 | Sunday Serenity |
| 18 | Kim G | 1 | Serenity By The River |
| 18 | Tim | 6 | Last Door |
| 19 | James | 8 | Hope In Recovery |
| 21 | Shai L | 10 | The Basic Meeting |
| 22 | Mike S | 1 | Sunday Serenity |
| 22 | Doug D | 1 | Reconstruction |
| 22 | Simon | 5 | Langley "N.S." Group |
| 23 | Lance M | 17 | Keep Coming Back |
| 24 | Orin | 1 | Addicts With New Hope |
| 24 | Dawn | 1 | Addicts With New Hope |
| 24 | Mike S | 1 | Sunday Serenity |
| 24 | Terry S | 2 | Driftwood Group |
| 26 | Janette L | 1 | Hope In Recovery |
| 26 | Melissa S | 1 | Messages & Miracles |
| 31 | Mandi | 5 | Strong & Free |

September

| | | | |
|----|------------|---|-------------------------|
| 1 | Rob | 4 | More Will Be Revealed |
| 3 | Chris K | 3 | Awakening Of The Spirit |
| 3 | Kelly K | 4 | Awakening Of The Spirit |
| 8 | Kandice F | 8 | God's In Charge |
| 10 | JT | 2 | Third Tradition |
| 10 | Kari S | 5 | How & Why |
| 10 | Jimmy H | 5 | Eye Of The Storm |
| 10 | Stewart | 9 | Third Tradition |
| 30 | Jennifer K | 2 | New Attitudes |

**For a Grand Total of
231 Years of Recovery!**

"What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."

Pg. 65, 5th edition, Basic Text

Activities & Announcements

Outreach Target Meetings

Shared Services Target List :

Tuesday, August 12, 7:00pm
Back To Basics
 3981 Main Street, Vancouver
 (Multi-purpose room)

Thursday, August 21, 7:30pm
Road To Recovery
 22165 Dewdney Trunk Road.
 Maple Ridge.

Thursday, August 28, 7:30pm
Marpole Miracles
 8680 Hudson Street, Van-
 couver, (Church)

Wednesday, Sept. 10, 7:30pm
We Do Recover
 Rm A - 15262 Pacific Ave,
 White Rock (In Back)

The name of all contact persons on this page have been removed to preserve their anonymity. Please contact your local service representative or Area Service Committee or sub-committee for contact details.

INSTITUTIONAL OUT-REACH MEETINGS

All of these meetings need outside support desperately

Freedom Within Group
Sunday 6:00pm
 33737 Dewdney Trunk Road,
 Mission, Mission Prison

Freedom, Vision & Insight
Monday 6:00pm (Women only)
 33344 King Road, Abbotsford
 Fraser Valley Institution

Hill Top, Saturday 7:00pm
 33737 Dewdney Trunk Rd,
 Mission Ferndale Institution

"I'm NA", Mon - Fri 5:30pm
(Women only)
 24800 Alouette River Rd, Maple
 Ridge, Alouette River Correctional
 Center

Note: Clearance is required

Cancelled Meetings

New Pair Of Shoes Saturday at 6:00pm, 609 Helmcken St, Vancouver, is cancelled

New Meetings

One Line At A Time
 Friday at 7:30pm, 13765 - 105 Ave, Surrey. Line by line basic text study group.

ReJoyce
 Monday at 7:00pm, Evergreen Community Health Centre, 3425 Crowley St, Vancouver. (1 hr - wheelchair accessible.)

Changed Meetings

Pathway To Freedom
 Friday at 7:30pm, 13388—104th Avenue (Church) is now a candlelight meeting.

Spiritual Food
 Tuesday at 7:30pm, 1661 Napier Street, Vancouver. (Family Activity Room) Basic Text Study, **now meeting on Wednesday.** (The Friday night meeting is unchanged.)

How And Why
 Wednesday at 8:00pm, 20433 Douglas Crescent, Langley, has moved to 5673 200th St, (Langley United Church, North side of church, side door.) and will change it's start time to 7:30 from July 1, 2008. (90 minute meeting.)

Awakening Of The Spirit
 Wednesday at 7:00pm, 3425 Crowley Street, Vancouver, is now a one hour meeting.

Pride In Recovery (GLB)
 88 - 7th Street (2nd Floor Boardroom) (Student Society Building) **Is now meeting in the 1st floor boardroom.**

New Level Of Innocence
 1200 Cartier Avenue, Maillardville, Thursday at 8:00pm is now being held on Fridays (Time and venue are unchanged.)

Serenity By The River
 2211 Prairie Avenue, Port Coquitlam Monday at 8:00pm has changed it's start time to 7:30pm

SPECIAL NOTICE

New Hope, Thursday at 8:00pm, 1107 - Seymour Street, Vancouver, **will be closed on for the summer** from July 17 to September 11, 2008.

Hospitals & Institutions

All H& I Presentations need support!

Please call the panel leaders on the back page of the Basic News if you wish to attend any of these meetings.

Please note: Anyone wishing to Attend the Matsqui Institution must call for clearance forms.

Anyone wishing to attend the Surrey Pretrial meeting must call the SOFA H&I Chair or Vice Chair to get pre-authorized.

ACCW Women's Correctional Centre Every 2nd Wednesday 6:30 - 7:30pm. Please call for more information.

Burnaby Youth Detention Center Needs support. Men and women with a minimum of one year clean and one year out of the system can attend. Please contact the panel leaders or the FVASC H&I Chair or Vice Chair for further information.

Phone Line

Multi Area Committee

The next phone line meeting is at 7:30pm on Friday, August 29, 2008 at 10347—135th St., In Surrey (At the Whalley Library next to Surrey Central Skytrain Station)

We desperately need men & women phone line volunteers who are able to commit to one day per week (4 hour period). Requirements: 1 year clean, have worked the Steps and have an understanding of the 12 Traditions of N.A.. Please call your area liaison. (Information on back page)

Newsletter

Multi Area Committee

Meets at 609 - 12th St. New West. The next meeting will be on Sunday, August 17, 2008 at 2pm. All are welcome.

Public Information

All P.I. Presentations need support!

Please call the P.I. Chair or Vice Chair of your area for opportunities to be on a presentation panel. (See the back page of this newsletter for numbers to call.)

Meetings Needing Support

Legend: need support and trusted servants - need support only - need trusted servants only

BURNABY

North Burnaby Addicts, Starting Fresh

COQUITLAM

New Level Of Innocence

LANGLEY

Strong & Free, Langley Saturday Night NA

MAPLE RIDGE

Road To Recovery, The NA Way

NEW WESTMINSTER

Inside Stuff

PORT MOODY

Unknown Addicts

SQUAMISH

Candle In The Window

SURREY

Last Door Group

VANCOUVER

Steps To Recovery, South Van N.A., Eye Of The Storm, The Exchange, Marpole Miracles, Breakfast On The Steps, Miracle On 57th, Back To Basics, Steps To Serenity

WHISTLER

Black Diamond Recovery

WHITE ROCK

We Do Recover

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