

Basic News



Multi - Area
Newsletter of the
Lower Mainland
Volume 13, Issue 4
July, 2008

Multi Area Newsletter Committee
P.O. Box 1695, Station "A"
Vancouver, British Columbia, Canada
V6C 2P7

Email your articles & comments: basicnews@gmail.com

Visit the BC Regional Web-Site: www.bcrsna.bc.ca

To help cover the cost of the Basic News, an extra donation of 25¢ to the 7th Tradition is suggested.

24 Hour Help Lines	Info Lines
Lower Mainland Areas of Vancouver (604) 873-1018	Sunshine Coast - toll free (604) 740-3010
Squamish (604) 815-4085	



CLEAN FREAKS



Annual Picnic

When:

Sunday, August 3, 2008
12:00 p.m. – 5:00 p.m.

Bring:

- A potluck dish to share
- Your family and friends

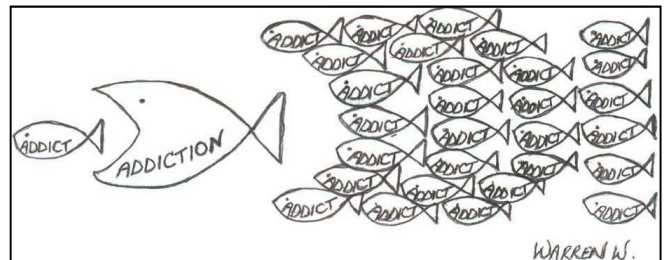
Where:

New Brighton Park
500 N Windermere Street
(@ McGill Street)
Vancouver, BC



12 Steps I Took
 I took one step, began to moan
 I can't do this on my own
 I took two steps, began to pray
 restore me God, today
 I took three steps, gave up my will
 maybe God loves me still
 I took a fourth, I looked inside
 Nothing more would I hide
 And on the fifth, I said aloud
 I've done some wrong, and I'm not proud
 I took six steps, and got prepared
 To lose the defects, I was scared
 Now I'm at seven, take them away
 God for this truly I pray
 And on eight, the list was long
 Amends to make for all the wrong
 I took nine steps, put down my pride
 Forgiveness asked, I will not hide
 Ten steps I take each day I pray
 Make amends along the way
 And on eleven I prayed to know
 Each day His will, which way to go
 I took twelve steps, I'm like a bird
 To others now, I spread the word....

anonymous



Note: N.A. is not affiliated with the places where we hold our meetings or events

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N.A. Announcement

If anyone is interested in starting a new N.A. meeting for the deaf, please contact Julie via Email at julielampitt@rogers.blackberry.net

P.N.W.C.N.A. #32

Regular meetings for the Pacific North West Convention of N.A. #32 are held on the 2nd Wednesday of the month at 7:00pm at 2775 Sofia Street in the Vancouver Recovery Club (at 12th Ave). **Service positions are still available.** - .

Tri-Cities Area Announcements

Activities needs support and is accepting any NA related donations. Come out and support your activities sub-committee. For more information, please call your service representative or Area service committee

Fraser Valley Area Announcements

PI Subcommittee - Now meets the last Sunday of the month, at 3:30pm in the New Westminster Library.

Your input is needed - The FVASC needs your input on the Summer/Fall activities survey for upcoming events/ideas. Contact your home group GSR or Area Service Committee.

Outreach - needs female support - please call the Outreach Chair to help.

H&I - Surrey Youth Jail needs panel support - please call H&I chair for info

Literature - has more to offer NA members such as; lower cost medallions, NA mugs, speaker CD's and much more. Contact Vince at

Vancouver Area Announcements

VASC has service positions available. **Help bring the message of recovery to those who are willing to listen. Come to your next Area meeting and offer your time to be of service.**

Newsletter: For newsletter updates, meeting list changes, cakes or poetry/story submissions, send Email to newsletter.vasc@gmail.com

Literature: For all your literature needs, please phone 778-668-8235 or **Email your order to literature.vasc@gmail.com. The deadline for all literature orders is the Sunday before the VASC area meeting.**

Website: VASC has commissioned the building and hosting of a website to help serve you. **More will be revealed.**

Service work is carrying the message to the addict who still suffers.

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Release Form: Please sign this form and send it with all submissions. I hereby give the Narcotics Anonymous Fellowship, The Basic News newsletter, their successors, assigns and those acting on their authority, permission to publish the attached original writings. I also understand that material may be edited. I further understand that every effort will be made to assure my anonymity. I possess full legal capacity to exercise this authorization and hereby release The Basic News, N.A., its service boards or committees from any blame by myself, my successor, and/or my assigns. I also understand that any article (i.e. the physical pieces of paper) I submit automatically becomes the property of The Basic News and will not be returned to me.

Signature: _____

Name: _____

Phone: _____

Date: _____

Area: _____



Celebrations of Recovery

July

Day	Name	Yrs	Meeting
1	Anna	13	Addicts With New Hope
1	Lee	17	New Attitudes
1	Jule	27	Addicts With New Hope
4	Trevor R	4	Pathway To Freedom
5	Mitzi	3	Good Day To Be Clean
14	Victoria	1	Miracle On 57th
15	Jessica	7	Road To Recovery
17	Janette	1	Marpole Miracles
19	Val	3	Good Day To Be Clean
20	Orville	1	From The Heart
20	Jessica B	2	Steps To Recovery
21	Lena	1	Last Door
22	Vinny	5	Solution Speakers
23	Margo	1	How & Why
23	Elaine B	3	Third Tradition
27	Tova	1	Steps To Recovery
27	Steve	14	Promise Of Freedom
28	Rubina	1	Miracle On 57th
29	Richard	8	Getting It Together
29	Gary H	9	Getting It Together
29	Roy H	19	Getting It Together
30	John J	1	Awakening Of The Spirit
30	Greg C	6	Eye Of The Storm

August

2	Fred B	17	Uknown Addicts
3	Justin	4	Addicts With New Hope
11	Matt B	1	Talking Heads
11	David B	1	Serenity By The River
12	Adele P	1	Messages & Miracles
12	Carmen	4	Hope In Recovery
12	Corry	19	Messages & Miracles
15	Scott	8	Good Day To Be Clean
17	Darryl	9	Addicts With New Hope
19	James	8	Hope In Recovery
22	Mike S	1	Sunday Serenity
24	Orin	1	Addicts With New Hope
24	Dawn	1	Addicts With New Hope
26	Janette L	1	Hope In Recovery

**For a Grand Total of
224 Years of Recovery!**

Did you know? - You can now get bronzed medallions that run up to 50 years!!! For more information, contact your Literature Chair or send an Email to literature@bcrcna.bc.ca

Activities & Announcements

Outreach Target Meetings

Shared Services Target List :

Thursday, July 10, 8:00pm
Straight Up
3900 Arthur Drive (Blue Building)
Ladner

Wed. July 16, 7:30pm
Clean & Serene
13686 - 94A Avenue, Surrey.

Wed. July 23, 7:30pm
Kick It
2584 Cyril Street (basement),
Abbotsford

Monday July 28, 7:30pm
The Exchange
401 Main St. (Learning Ctr. Class
Rm 3), Vancouver

Saturday Aug. 2, 12:00pm
Candle In the Window
38014 - 4th Avenue (Trinity)

The name of all contact persons on this page have been removed to preserve their anonymity. Please contact your local service representative or Area Service Committee or sub-committee for contact details.

INSTITUTIONAL OUT-REACH MEETINGS

All of these meetings need outside support desperately

Freedom Within Group
Sunday 6:00pm
33737 Dewdney Trunk Road,
Mission, Mission Prison

Freedom, Vision & Insight
Monday 6:00pm (Women only)
33344 King Road, Abbotsford
Fraser Valley Institution

Hill Top, Saturday 7:00pm
33737 Dewdney Trunk Rd,
Mission Ferndale Institution

"I'm NA", Mon - Fri 5:30pm
(Women only)
24800 Alouette River Rd, Maple
Ridge, Alouette River Correctional
Center
Note: Clearance is required

Cancelled Meetings

Hearts Friday at 2:00pm,
Rm#231, 519 7th Street
is cancelled.

New Meetings

Ripple Effect Monday at
7:15pm, Cate's Hill Chapel, 661
Carter Rd, Bowen Island. Open
meeting lasting 1hr 15mins

One Line At A Time Friday at
7:30pm, 13765 - 105 Ave,
Surrey. Line by line basic text
study group.

Changed Meetings

Pathway To Freedom Friday at
7:30pm, 13388—104th Avenue
(Church) **is now a candlelight
meeting.**

Spiritual Food Tuesday at
7:30pm, 1661 Napier Street,
Vancouver. (Family Activity
Room) Basic Text Study, **now
meeting on Monday.** (The Fri-
day night meeting is un-
changed.)

How And Why Wednesday at
8:00pm, 20433 Douglas Cres-
cent, Langley, **has moved to
5673 200th St.** (Langley United
Church, North side of church,
side door.) **and will change it's
start time to 7:30 from July 1,
2008.** (90 minute meeting.)

Awakening Of The Spirit
Wednesday at 7:00pm, 3425
Crowley Street, Vancouver, **is
now a one hour meeting.**

Pride In Recovery (GLB) 88 -
7th Street (2nd Floor Board-
room) (Student Society Building)
**is now meeting in the 1st floor
boardroom.**

Special Notice

Never Ending Journey,
Thursday at 7:30pm, 7655 -
120th Street (Church), North
Delta, **will be closed on
July 17, 2008.** This is the
only day that this meeting
will be closed and will re-
sume regular service after
that date.

Hospitals & Institutions

All H& I Presentations need support!

Please call the panel leaders on the
back page of the Basic News if you
wish to attend any of these meetings.

**Please note: Anyone wishing to
Attend the Matsqui Institution must
call for clearance forms.**

Anyone wishing to attend the Surrey
Pretrial meeting must call the SOFA
H&I Chair or Vice Chair to get pre-
authorized.

ACCW Women's Correctional Centre
Every 2nd Wednesday 6:30 - 7:30pm.
Please call Marian H at 604-519-0974
for more information.

Burnaby Youth Detention Center
Needs support. Men and women with
a minimum of one year clean and one
year out of the system can attend.
Please contact the panel leaders or
the FVASC H&I Chair or Vice Chair for
further information.

Phone Line

Multi Area Committee

The next phone line meeting is at
7pm on Friday, July 25, 2008 at
10347—135th St., In Surrey (At
the Whalley Library next to Surrey
Central Skytrain Station) **We des-
perately need men & women
phone line volunteers** who are
able to commit to one day per
week (4 hour period). Require-
ments: 1 year clean, have worked
the Steps and have an under-
standing of the 12 Traditions of
N.A.. Please call your area liaison.
(Information on back page)

Newsletter

Multi Area Committee

Meets at 609 - 12th St. New West.
The next meeting will be on Sun-
day, July 20, 2008 at 2pm. All are
welcome.

Public Information

All P.I. Presentations need support!

Please call the P.I. Chair or Vice
Chair of your area for opportunities
to be on a presentation panel. (See
the back page of this newsletter for
numbers to call.)

Meetings Needing Support

Legend: need support and trusted
servants - need support only - need
trusted servants only

ABBOTSFORD

Kick It

BOWEN ISLAND

Ripple Effect

BURNABY

North Burnaby Addicts

COQUITLAM

New Level Of Innocence

GIBSONS

Clean/Serene Scene

LADNER

Straight Up

LANGLEY

Strong & Free

MAPLE RIDGE

Saturday Night Jam, The NA Way, Road To Recovery

NEW WESTMINSTER

60 Minutes, Rage Against the Disease

PORT MOODY

Unknown Addicts

SQUAMISH

Candle In The Window

SURREY

One Line At A Time, Clean & Serene

VANCOUVER

Back To Basics, **Angelic Addicts,**
Step Up, Marpole Miracles, The
Exchange, New UBC Recovery,
New Pair Of Shoes, South Van NA,
*Awakening Of The Spirit, New Atti-
tudes*

WHISTLER

Black Diamond Recovery

WHITE ROCK

We Do Recover

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